



GLORIOUS APPULDURCOMBE GATE AND LOW FLYING PLANES

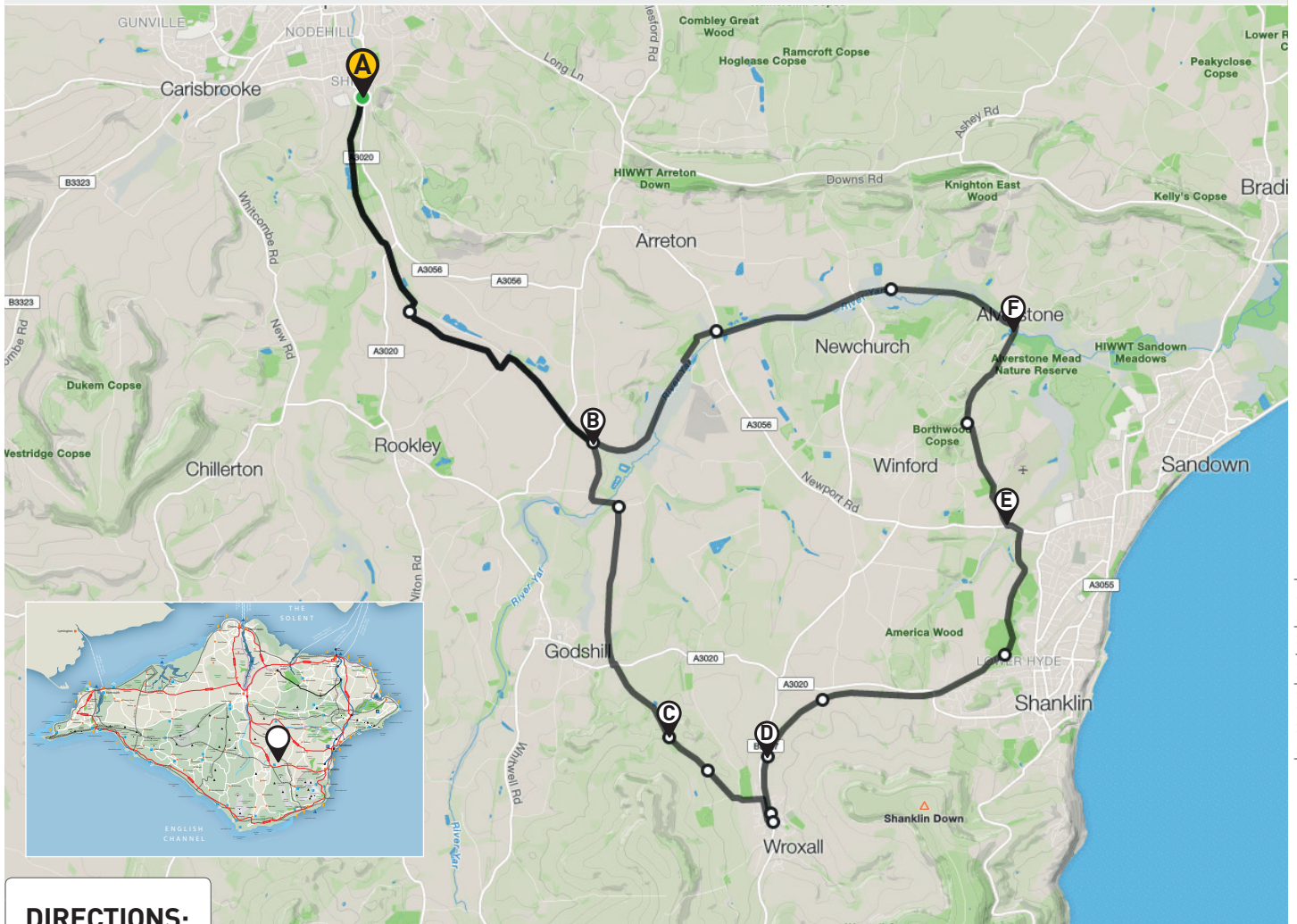
BICYCLE ISLAND ITINERARY #7

LONG BUT NOT TECHNICALLY CHALLENGING

START/FINISH: SHIDE CAR PARK, NEWPORT P030 1YQ

TIME: 3-5 HOUR – A good blast on mostly cycle track and bridleway. This route takes in a stunning English Heritage home, an airport and some glorious scenery.

DISTANCE: 30km / ELEVATION GAIN: 209m



DIRECTIONS:

A **START:** Follow the NCN 23 Red Squirrel Trail along to Merstone.

B Look out for the Sunshine Trail signposted to Godshill. Once you reach the Godshill to Shanklin Road then you cross the road and go left to find the continuation of the Sunshine Trail. This takes you to Appuldurcombe Gate and the remains of the 18th century house.

C Enjoy the history of this famous English Heritage landmark. Follow the road out of the grounds turning right towards the centre of Wroxall. You will see signs after about 300m for the Wroxall to Shanklin cycleway.

D Take this for about 1.5 km to Upper Hyde before picking up bridleway 17 on your left. Continue for just over 1 km and through two camping sites before you turn left onto the main Newport Road.

E There is a very short ride of only 100m before turning right into Scotchells Brook Lane. This takes you past the Isle of Wight Airport... so remember to duck when the light aircraft land and take off! Follow route 57 and 23 north before joining Alverstone Road, where you turn right.

F Enjoy the tarmac for approximately 700m before finding the Red Squirrel Trail signposted to Newport. You will be back at you start point from here in about 30 minutes. **FINISH**

Where possible, public footpath and bridleway reference numbers have been included in the directions.

To download the GPX data to your GPS device and find more cycling itineraries go to visitisleofwight.co.uk/inspiration/bicycle-island

